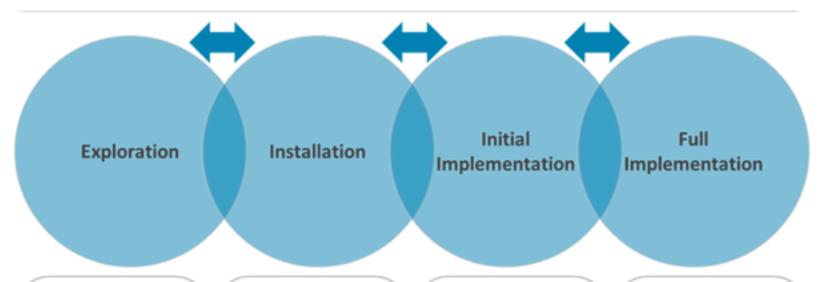
# Implementation Works!







#### **Implementation stages**



- Assess needs
- Examine intervention components
- Consider Implementation Drivers
- Assess Fit

- Acquire Resources
- Prepare
   Organization
- Prepare Implementation Drivers
- Prepare Staff

- Adjust Implementation Drivers
- Manage Change
- Deploy Data Systems
- Initiate Improvement Cycles

- Monitor & Manage Implementation Drivers
- Achieve Fidelity & Outcome Benchmarks
- Further Improve Fidelity & Outcomes





#### **Scale-up phases**

Phase 1 local

Standardization of the neurological exam

HINE in the NICU Follow-up clinics

Phase 2 sitewide

> Practice guidelines for early detection of CP

Early detection in the Follow-up clinics

Phase 3 multisite

Adapt guidelines for early detection of CP to practice

Early detection across 5 diverse sites

#### Phase 4 Global

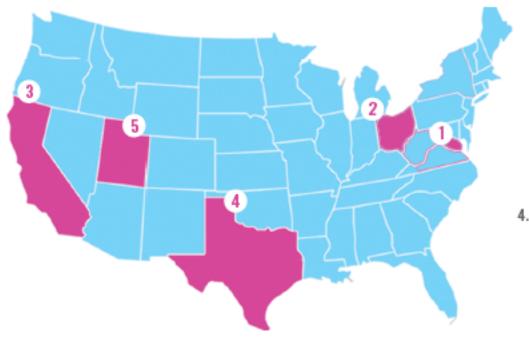
Leverage statewide QI collaboratives

International conferences





#### **CPF Early Detection Network**



#### **CPF NETWORK**

 Kennedy Krieger Institute Baltimore, MD

 Nationwide Children's Hospital Columbus, OH

> 3. UCLA Medical Center Los Angeles, CA

4. University of Texas Health Science Center Houston, TX

> University of Utah Medical Center Salt Lake City, UT





#### Goals

- 1. To develop a program to increase the use of proven diagnostic tools and parent counseling and education in follow-up clinics for high-risk infants.
- 2. Aggregate the learning through multicomponent knowledge translation activities to create a new evidence-based clinical standard of practice.

### **Specific Aim**

Decrease the average at CP diagnosis to 12 months throughout the Implementation Network





#### **Methods**

Plan Prepare Implement Consolidate Develop

Concept Development IRB Submissions SWOT analysis Site Visits

Baseline site audit numbers HINE, GMA & TIMP training

Site Visits Implementati on Process Flows Allocated Staffing

Monthly site and all site meetings→ Cycle of Improvements

Publish New PDSA cycles Research





#### **Site Audit Numbers**

- Total visits in clinic ≤12 months of age
- Total visits in clinic at 3-4 months of age
- Individual CP diagnoses in clinic in the 12month period
- Average age at CP diagnosis in months
- If available, # GMA performed, results, high-risk for CP diagnoses





### **Parent Surveys**

Parents fill out 3 questionnaires 3-6 months after the child's diagnosis of CP is confirmed. Completed in clinic when possible/appropriate or through a link in RedCap. The questionnaires will include:

- Edinburgh Post Natal Depression Scale (standard, published)
- Ways of Coping questionnaire (standard, published)
- Diagnosis visit questionnaire (modified from Baird, 2000)





#### **Current Data (8 months)**

	screened in NICU	3-4 mo visits	new CP Dx	# high-risk for CP	Average age at Dx (mo)
Baseline					
Post implementat ion					

Cramped synchronized GM

MRI performed in response to CS

Absent Fidgety GM

Converted high risk to CP





## Projected Data-12 months

	screened in NICU	3-4 mo visits	high-risk for CP	Age at high risk for CP	new CP Dx	Average age at Dx (mo)
Baseline						
Post implementat ion						





#### **Specific Site Initiatives**

- Houston: Partnership with food bank for access to EDI, expand GMA to high-risk infants
- KKI: Routine neurology consults in the NICU for abnormal GMA
- NCH: QI project to obtain 100% GMA screening in NICU, integrated psychologist follow-up for parent support
- UCLA: restructuring of entire NICU Follow-Up program towards systematic approach
- Utah: HINE "cheat sheet" for parents; obstacles to neuroimaging after abnormal GMA, expand GMA to high-risk infants





## Parent Survey- Receiving the diagnosis before 12 months

A doctor gave the diagnosis

High degree of honesty

High degree of empathy

High degree of support

The information was in a format that I could understand

The doctor allowed me time for questions afterwards

Just right or more than enough information

He/she was sitting down





#### Parent coping after the diagnosis

#### Response to early detection

Depression on EDDS\*

Concentrated on what I had to do next - the next step

Talked to someone to find out more about the situation

Looked for the silver lining; tried to look on the bright side of things

Felt that time would have made a difference

Hoped for a miracle

Went on as if nothing had happened.

Wished that the situation would go away or somehow be over with

#### Opportunities for improvement in early detection

Was inspired to do something creative about the problem.

Got professional help

Changed or grew as a person.

Made a plan of action and followed it.

Rediscovered what is important in life





## Implementation of Early Detection and Intervention Conference April 11-13, 2019

#### **Conference Format**

- Informational Keynotes and evidence handouts
- SWOT analysis
- Process flow tools
- 49 knowledge translation workshops
- Process building sessions
- Teamwork, connections, food and fun.

	8:30-9:15 AM	KEYNOTE - Ea (Cathy Morgan,	arly Intervention for CP: How do we find what works and then, make it happen?  Kath Benfer)  STECKER AUDITORIUM						
	9:30-10:25 AM	:30-10:25 AM WORLD CAFÉ SWOT Analysis					ROOMS 025A / 025B / 131 / 137		
	10:20-10:45 AM	Break							
	10:45-11:35 ам	Pharma Interventions, Orthotics & Standers ROOM 131	Vision: Assessment & Interventions ROOM 025B	Motor Interventions ROOM 025A	Speech & Language Interventions ROOM 040	Enhancing Family Participation ROOM 137	Nutrition Considerations & Practices ROOM 138	Parent Well- being, Positive Parenting, & Mindfulness ROOM 054	
	11:40-12:30 рм	Optimizing Sleep and Mitigating Pain ROOM 131	Cognition: Interventions ROOM 025B	Motor Interventions ROOM 025A	Speech & Language Interventions ROOM 040	Feeding Evaluation & Intervention ROOM 137	Pharma Interventions, orthotics & standers ROOM 138	Parent Well-being, Positive Parenting, & Mindfulness ROOM 054	
12:30-1:00 PM LUNCH									
ŀ	1:00-1:50 рм	Feeding Evaluation and Intervention ROOM 131	Vision: Assessment & Interventions ROOM 025B	Motor Interventions ROOM 025A	Speech and Language Interventions ROOM 040	Enhancing Family Participation ROOM 137	Nutrition Considerations & Practices ROOM 138	Optimizing Sleep and Mitigating Pain in Infants ROOM 054	
	1:55-2:45 рм	Optimizing Sleep and Mitigating Pain in Infants ROOM 131	Cognition: Interventions ROOM 025B	Motor Interventions ROOM 025A	Parent Well-being, Positive Parenting, & Mindfulness ROOM 040	Feeding Evaluation & Intervention ROOM 137	Nutrition Considerations & Practices ROOM 138	Pharma Interventions, Orthotics & Standers ROOM 054	
	2:45-3:15 PM	Break							
	3:15-4:30 рм	WORLD CAFÉ Final Process Design				ROOMS 025A / 025B / 131 / 137			
	1.4					_			









Implementation of Early Detection and Intervetion for Cerebral Palsy Conference



**Nationwide Children's Hospital** 700 Columbus Drive Columbus, OH 43205

yourcpf.org/early-detection-conference/ - 3 Columbus Circle - 15th Floor - New York, NY - 10019

For more information please contact Rebecca Lam at rebecca.lam@yourcpf.org



